All pizza sizes are 12"

12 years & under: Includes a free chef's choice ice cream

· Battered fish fillets with chips 12/13

· Mini cheeseburger served with chips GFO

- · Dinosaur chicken nuggets and chips
- · Grilled chicken with steamed vegetables GF
- · Twirl bolognaise with Parmesan cheese GFO

M/V

All burgers served on a milk bun with crunchy steakhouse fries

Milk Bar Burger 18/20 200gram beef, shredded lettuce, tomato, beetroot, caramelised onion, smoky bacon, free range egg, cheese and ketchup gro

M/V

Optional Add Ons (Milk Bar Burger) 20/22 Add a slow cooked beef rib

Chicken Katsu Burger 18/20 Katsu chicken thigh burger, apple slaw, wasabi mayo

Australian Salt Bush Lamb Burger 22/24 Pure lamb mince pattie, salt bush herb, gremolata,

lettuce, tomato, garlic aioli, tzatziki geo

Grilled Fish Burger 24/26 Grilled fish fillet, cilantro ranch, cheddar cheese,

lettuce, Spanish onion and sweet chilli mayonnaise gro

PLANT BASED & VEGAN

Plant-Based Beetroot Burger 18/20 Vegan beetroot pattie, baby cos lettuce, tomato, onion, vegan

cheese, pickles, tomato relish and vegan mustard mayo vg, gF

Plant-Based Mushroom Burger 18/20

Vegan mushroom pattie, baby cos lettuce, tomato, onion, vegan cheese, pickles, tomato relish and vegan mustard mayo vg, gF

25/27 **Vegan Indian Curry**

Slow cooked flavoursome curry with chickpeas, silverbeet leaves, fresh basil, garlic, carrots, celery and yellow curry served with steamed brown rice and pappadum vg, gF

GFO

GLUTEN FREE

(02) 8865 5100 @CLUBPARRAMATTA.SYD

GF VG

VEGETARIAN GLUTEN FREE VEGAN

M - MEMBER If you have any serious allergies, please let us know and we will try our best to serve you something delicious.

THE OVEN

MENU

SUNDAY-THURSDAY

LUNCH 11:30AM - 3PM DINNER 5.30PM - 9PM

FRIDAY & SATURDAY

LUNCH 11:30AM - 3PM **DINNER 5.30PM - 9.30PM**

- CLUB -**PARRAMATTA**

FROM THE GARDEN

Caesar Salad Baby cos lettuce, garlic croutons, bacon, soft boiled egg, shaved Parmesan and housemade creamy dressing	18/20
Arugula, Strawberry & Grape Salad Strawberries, crushed pistachio, grapes, arugula tossed with poppy seed lemon vinaigrette and crumbled Danish fetta v, gr	21/23
Heirloom Tomato, Avocado and Blue Cheese Salad Chopped avocado, cherry heirloom tomatoes and walnuts mixed and drizzled with Green Goddess dressing v, GF	21/23
Beetroot Salad Roasted beetroot, rocket, walnuts, caramelised onion, crispy kale, bocconcini, horseradish and honey dressing v, GF	19/21

OPTIONAL ADD ONS

Poached Chicken GF

Chilled King Prawns (4) GF

Smoked Salmon GF

LASSICS

M/V

7/8

9/10

9/10

VEGETARIAN GLUTEN FREE

Chicken Schnitzel 24/26 300grams served with chips, house salad and gravy Make your Schnitzel a Parmigiana 5/6 with Napoli sauce, ham and mozzarella cheese **Housemade Lemon and Lime** 27/29 **Beer Battered Market Fish** Served with chips, house salad and tartare sauce **Housemade Salt & Pepper Squid** 28/30 Greek salad, chips and aioli **Chicken and Prawn Scallopini** 27/29 Grilled chicken breast fillet, tiger prawns, broccolini, sautéed spinach, garlic mash potato and porcini cream sauce GF

SIGNATURES

Pork Belly Roast Slow roasted pork belly, Yorkshire pudding, zucchini, Dutch carrots, crispy potato, apple compote and red wine jus GFO	27/29
Slow Cooked Lamb Rump Slow cooked baby lamb rump served with buttered herbed potatoes, braised witlof, cabernet jus and mint gel gp	32/34
Grilled Barramundi Fillet Lemon and garlic marinated barramundi served with roasted aubergine caponata, sweet potato purée and baby carrots GF	32/34
Pan Fried Mackerel Marinated mackerel served with sautéed potato, Moroccan spiced buckwheat, red bell pepper topped with mango salsa and chermoula GF	32/34
Duck Confit Twice cooked duck confit served with kumara purée, asparagus and topped with fig and apricot compote GF	29/31
Grilled Seafood Plate Grilled barramundi, king prawns, chargrilled marinated baby octopus and seared scallops served with garden salad and crunchy chips GF	47/49
Australian Slipper Lobster (2) with bechamel and Gruyère cheese, Parmesan crust and served with crushed potatoes and asparagus spears	54/56

GLUTEN FREE

AN TO PLATE

M/V

Our fresh pasta is made with premium local ingredients: 100% Australian Durum Semolina milled to order in Tamworth NSW, free range eggs, 100% Australian grown vegetables and cheese from Australia and Italy.

M/V

54/56

Italian Sausage Casarecce	27/2
Casarecce pasta with butternut squash,	
Italian sausages, bacon and heirloom tomato	
tossed in pesto and arugula GFO	
Crab & Balmain Bug Ravioli	28/3
Queensland ocean prawn and blue swimmer	
crab ravioli, cherry tomato, garlic, chilli, parsley	
in a light cream sauce topped with shaved	
Grana Padano	
Creamy Mushroom Linguine	27/2
Porcini and hutton mushrooms, prosciutto	

wilted rocket leaves and grated Grana Padano GFO

CHAR

Marinated Lamb Souvlaki Served with Greek salad, chips, tzatziki and pita bread GFO 32/34

Slow Cooked Ebony Black Angus Beef Rib (600G) Marinated in red wine, rosemary and garlic served with garlin mash, brosselini, roseted carrets and

with garlic mash, broccolini, roasted carrots and cooking reduction GF

Spicy Grilled Chicken Skewers 27/29 Served with crispy crushed potatoes, creamy slaw,

Served with crispy crushed potatoes, creamy slaw, pita bread and cilantro ranch GFO

Ebony Black Angus

All steaks served with crunchy steakhouse chips and wedge salad consisting of ranch sauce, crispy beef bacon, cherry tomatoes and crispy onions

Rump steak 300 grams GF	28/30
Prime scotch fillet 300 grams GF	42/44
New York Premium 400 grams GF	46/48

Optional Add Ons Two Australian king prawns GF

Choice of Gluten Free Sauces 2/4

Creamy mushroom / Béarnaise / Pink peppercorn / Sticky barbeque rib / Merlot and port wine jus / Creamy roast garlic sauce / Creamy Dianne